



Weekly Injections Policy & Procedure

(10-15 minutes visits)

- Client check-in
 - Check payments are current.
 - Payments taken prior to visit.
 - Make next appointment if needed.

- Room Client
 - Take Client weight.
 - Some like their weight taken, others may not... be sensitive whether or not the patient wants weight taken on a weekly or biweekly. There are few willing to take weight but does not want to see or know.
 - Ask if any side effects:
 - Nausea
 - Vomiting
 - Acid reflux
 - Dizziness
 - Constipation
 - Diarrhea
 - How long side effects last?
 - 1-2 days (reference Titration Level Plan Semaglutide)
 - More than 2 days of side may need to decrease (reference Titration level plan Semaglutide)
 - Effectiveness of medication?
 - Decrease appetite? How long?
 - Fuller quicker?
 - Hunger? How much do one eats when hungry?
 - Hunger is a way body tells you that you need some water or nutrient, especially if working out. If hungry and only eating a few bites, then medicine is working.
 - Injection
 - Supplies
 - Gloves, alcohol prep pads, syringe w/needles and vial
 - Always inform client how much medication you are giving prior to administer medication.
 - Medication must be taken from vial in front of patient.
 - Client may see vial, if asked to see the vial.
 - Medication is administered subcutaneously in the stomach, however, may be in the upper arms and thigh area also.
 - No specific area makes the medicine work better or faster.
 - Must use safe injection practices always.
 - Medical Assistant Notes
 - Notes to be completed and enter in EMR System at time of service.
 - May use "Weekly Visit" template for data entry for each visit in EMR system.
 - The following required to be entered in system: Weight, units given, side effects, vial lot# and expiration date.